

May 22, 2020

RE: **Virtual Open Topic Dialog**

**Good Afternoon,**

**And on we go. Beginning this coming Wednesday, we'll have another great addition to our online classes, "Open Topic Dialog". This one I think appropriately takes place in the evening; historically our first night offering.**

**Anyway, please read below for a full description of this group session guided by four of our Aquatic Park members, and please consider taking advantage of this wonderful opportunity.**

**Thank you,**

**Frank**

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John Nockels, Wade Hudson, Per Madsen, and Barbara Patinkin invite you to participate in a **Virtual Open Topic Dialog** sponsored by the Aquatic Park Senior Center on **Wednesdays, 7 - 8 PM.**

To participate, you can visit [zoom.com](https://zoom.com), click on Join a Meeting, enter this Meeting ID: **894 651 4465**, click JOIN, click Open Zoom Meetings, enter this password: **5302619**, and click Join Meeting.

Following are the guidelines for the Dialog:

Zoom Open Topic Dialog  
Wednesdays, 7 - 8:00 PM

#### Guidelines

A conversation group based on the "talking stick" principle. Enter a safe, respectful space, speak from the heart, and express what's on your mind. It's an opportunity to talk, listen, learn and brainstorm with others.

- At 7 pm, the group selects the Timekeeper. The Timekeeper reviews the guidelines, selects the first speaker, sets a timer when each person begins speaking, alerts speakers when their time is up, and adjourns the dialog.
- Speakers talk for no more than two minutes. No interruptions.
- Speakers respond to the previous speaker, and then shift the topic if they wish.
- When speakers finish, they recognize the next speaker by calling on someone who has raised their hand (or placed a finger in front of their camera).

- The role of Timekeeper is rotated from time to time.
- Everyone is encouraged to: 1) be respectful and avoid personal attacks or name-calling; 2) avoid going back and forth repeatedly with the same person, and; 3) call on people who haven't spoken or spoken less and perhaps ask: Does anyone who hasn't spoken wish to speak?