

May 14, '20

RE: **Reminder: Mind, Body, Health Class**

Hi Everyone,

Wanted to pass along a reminder for this great class tomorrow, Friday.

Thanks and take care,
Frank

Judy Hubbell is inviting you to a scheduled Zoom meeting **this Friday AFTERNOON**. Dress to enjoy a class with Breath, Voice, Accessible Yoga Warmup and a full Tai Chi Chih practice continuing this week!
at JudyMindBody.com/about.html

Topic: Judy's Mind Body-Health

Time: May 1, 2020 01:00 PM Pacific Time (US and Canada)

Every week on Fri, until Jun 12, 2020, 7 occurrence(s)

May 1, 2020 01:00 PM

May 8, 2020 01:00 PM

May 15, 2020 01:00 PM

May 22, 2020 01:00 PM

May 29, 2020 01:00 PM

Jun 5, 2020 01:00 PM

Jun 12, 2020 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://us02web.zoom.us/j/844511290?pwd=98tyKuGprzguH9WUshCHRpwcBYjCLOzmH5Bj_pplAfICV2YBrYCFtraqdZBIjK

Join Zoom Meeting Friday Afternoon with Aquatic Park Seniors:

Meeting ID: 811 3451 1290

Password: 653554

The details for the previous 2 weeks are on our new website! Check it out! See you soon! Judy